

Title: Interaction Patterns of Trauma Providers Are Associated with Length of Stay

Authors: You Chen¹ PhD; Mayur B. Patel^{2,3,4} MD, MPH; Candace D. McNaughton⁵ MD, PhD; Bradley A. Malin^{1,6,7} PhD

Author Affiliations:

¹Department of Biomedical Informatics, Vanderbilt University Medical Center, Nashville, TN

²Department of Surgery, Division of Trauma, Surgical Critical Care, and Emergency General Surgery, Vanderbilt University Medical Center, Nashville, TN

³Department of Neurosurgery, Vanderbilt University Medical Center, Nashville, TN

⁴Department of Hearing & Speech Sciences, Vanderbilt University Medical Center, Nashville, TN

⁵Department of Emergency Medicine, Vanderbilt University Medical Center, Nashville, TN

⁶Department of Biostatistics, School of Medicine, Vanderbilt University, Nashville, TN

⁷Department of Electrical Engineering & Computer Science, School of Engineering, Vanderbilt University, Nashville, TN

To Whom Correspondence Should be Addressed:

You Chen, Ph.D.
2525 West End Ave, Suite 1475
Department of Biomedical Informatics
Vanderbilt University Medical Center
Nashville, TN 37203 USA
Email: you.chen@vanderbilt.edu

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ABSTRACT

Background: Trauma-related hospitalizations drive a high percentage of healthcare expenditure and inpatient resource consumption, which is directly related to length of stay (LOS). Robust and reliable interactions between healthcare employees can reduce LOS. However, there is little known if certain patterns of interactions exist and how they relate to LOS and its variability. The objective of this study is to learn interaction patterns and quantify the relationship to LOS within a mature trauma system and long-standing electronic medical record (EMR).

Methods: We adapted a spectral co-clustering methodology to infer the interaction patterns of healthcare employees based on the EMR of 5,588 adults hospitalized trauma survivors. The relationship between interaction patterns and LOS was assessed via a negative binomial regression model. We further assessed the influence of potential confounders in the form of age, number of healthcare encounters to date, number of access action types a care provider committed to a patient's EMR, month of admission, phenome-wide association study codes, procedural codes, and insurance status.

Results: Three types of interaction patterns were discovered. The first pattern exhibited the largest quantity of collaboration between employees and was associated with the shortest LOS. Compared to this first pattern, the LOS for the second and third patterns was 0.61 days ($p = 0.014$) and 0.43 days ($p = 0.037$) longer, respectively. Although the three interaction patterns dealt with different number of patients in each admission month, our results suggest that they provided care for the similar patients.

Discussion: The results of this study indicate there is an association between LOS and the extent to which healthcare employees interact for the care of the injured patient. The findings further suggest that there is merit in ascertaining the content of these interactions, and the factors

inducing these differences in interaction patterns within a trauma system.

INTRODUCTION

Health care spending continues to escalate in the United States (US). Expenditures reached \$3.2 trillion, or \$9,990 per person, in 2015 and \$3.35 trillion, or \$10,345 per person, in 2016 [1]. The rising cost of hospitalizations, which accounted for approximately 32% of expenditures in 2016, is one of the major driving factors behind higher health care payments [1]. In particular, trauma-related hospitalization has the highest expense in the US [2-3], which brings about heavy financial burdens for health care systems, patients and health insurance companies [4].

The expenditure for a hospitalization is directly related to the quantity of resources consumed. Notably, a patient's length of stay (LOS) is a key indicator of inpatient resource consumption [5-7], which is typically measured as the number of days a patient occupies a bed in the hospital. Though it should be recognized that LOS is not the sole indicator of resource consumption, it can serve as a good proxy to characterize the degree to which the inpatient resources were consumed [8-9].

At the same time, it has been recognized that the establishment of a team in clinical care settings (e.g., trauma) can significantly reduce in-hospital mortality and LOS [10-13]. Trauma care often involves interactions between a multidisciplinary group of healthcare employees (e.g., anesthesiologists, surgeons, emergency room physicians, respiratory therapists, nurse practitioners, radiographers, neurosurgeons, and various types of nurses) who are distributed across time and space [14]. Given the high heterogeneity of healthcare employees who interact with trauma patients, the wide variability in outcomes, and its substantial contribution to financial burden, we focus on this section of the hospital population. We anticipate that quantifying the differences in LOS between trauma patients affiliated with different patterns of

healthcare employee interactions can provide evidence for healthcare organizations to i) conduct further investigation into the factors leading to such patterns and, ultimately, ii) refine or influence interaction structures in a manner that reduces clinical resource consumption.

Towards realizing this goal, various auditing (e.g., video review, observer review and medical notes review) [14-15] and simulation (e.g., simulators who educate team members on communication, cooperation and leadership) [16] programs have been proposed to assess and refine interaction processes to reduce inpatient resource consumption. These approaches have traditionally adopted an expert-driven management strategy to observe interaction routines and assess their relationship with outcomes. Such strategies, however, often require a non-trivial amount of manual effort to gather the necessary observations and perform the assessment [17-20].

Given the limitations of existing approaches, a desirable alternative is to develop data-driven strategies, which automatically infer the interaction patterns of employees and characterizes their relationships with respect to patient outcomes. We believe that electronic medical record (EMR) systems can supply the data necessary to support such a strategy. This is because EMR systems capture information sharing, coordination, and documentation longitudinally. As a result, they can provide intuition into a large quantity of operational activities from a diverse collection of healthcare employees [21-27]. This type of data has shown promise for inferring healthcare organizational patterns [28-29] and analyzing patient outcomes [30]. Thus, in this study, we introduce such an approach to automatically investigate the relationship between interaction patterns and LOS through data inherent in EMR systems.

METHODS

Study Materials

This study focuses on patients who were assigned to the trauma service of Vanderbilt University Medical Center (VUMC) and completed an inpatient stay between December 2013 and December 2015. Annually, VUMC provides state- and national-verified Level 1 trauma care for a geographic region spanning 70,000 square miles and four states [31]. Our study leverages the VUMC EMR system to learn trauma-centered interaction patterns of healthcare employees and quantify their association with hospital LOS. Information associated with a patients' hospitalization, as well as healthcare employees' utilization of such information, is documented in a homegrown EMR system that has been central to clinical activities since the 1990s [32].

During this period, 5,547 employees, affiliated with 179 operational areas in the medical center (e.g., mental health center, neuro intensive care unit, and neurosurgery clinic), committed EMR access actions during 5,588 patient encounters with the healthcare system. This entailed 158,467 unique actions and 67 distinct access action types (e.g., operative note, physical and history, clinical communication, lab results, vital signs and medication administration), which were relied upon to infer interaction patterns between healthcare employees among patients. The access action types that were invoked with respect to at least 10% of the patients are depicted in **Figure 1**. There were 27 access action types (40%) met this criterion.

To assess the relationships between interaction patterns and patient outcomes, we extracted hospital LOS for each patient encounter, where LOS is measured as the duration between admission and discharge. We excluded 219 patient encounters where patients died while in trauma care to focus on interaction patterns of survivors indicative of the completion of hospital care. We neglect this subpopulation because they did not complete a stay at the hospital

and, thus, their LOS is inaccurate. For instance, some of patients died while in transit, or shortly after admission, to the hospital. Given that LOS may also be related with additional confounders (e.g., patient age, degree of illness, procedural burden, historical service utilization, access action type, admission season and type of health insurance), we extracted such factors for each patient encounter for further investigation. Summary information for these confounders are provided in

Table 1.

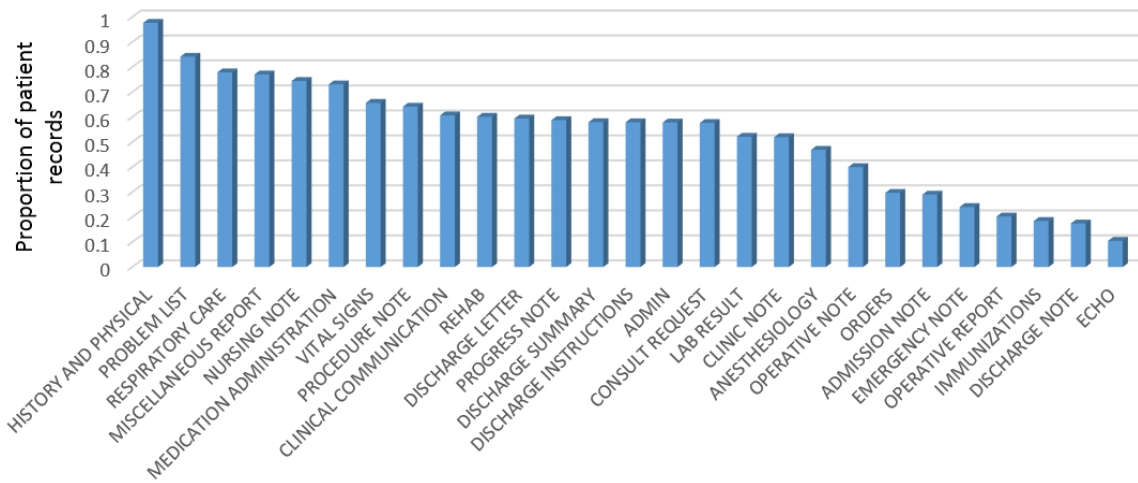


Figure 1. The access action types that were invoked for at least 10% of the patient records.

The EMRs for the patient encounters in this study contained 3,612 distinct International Classification of Diseases, Ninth Version (ICD-9) billing codes, 1,627 distinct Current Procedural Terminology (CPT) codes, and 8 insurance programs (e.g., Medicaid and Medicare Part A).

We acknowledge that ICD-9 codes are not sufficient to represent accurate patient illness. Thus, to mitigate bias due to variable insurance billing, we rely on the phenome-wide association study (PheWAS) vocabulary, which was introduced to group ICD-9 codes together and reduce

variability in the definitions of clinical concepts in secondary data use scenarios [33-34]. Upon translating each ICD-9 code, the data consisted of 1,010 PheWAS codes.

Table 1. A comparison of the three discovered interaction patterns with respect to various control factors considered in this study.

Items	Patient Group		
	P ₁ (n = 428)	P ₂ (n = 1,353)	P ₃ (n = 3,807)
Standard Network Characteristics			
Number of Operational Areas	102	138	125
Degree Average	27.14	23.38	22.47
Weighted Degree Average	7.02	5.78	5.31
Graph Density	0.27	0.17	0.18
Cluster Coefficient Average	0.77	0.70	0.73
Path Length Average	1.43	2.16	1.52
Characteristics of Outcome (LOS) and Confounders			
Median LOS (days) [Q1, Q3, IQR]	4.62 [3.19, 7.79, 4.6]	7.12 [2.75, 10.21, 7.46]	6.72 [2.89, 8.99, 6.10]
Median # of Encounters to Date [Q1, Q3, IQR]	5 [2, 12, 10]	10 [4, 23, 19]	6 [3, 14, 11]
Media # of PheWAS codes [Q1, Q3, IQR]	10 [5, 21, 16]	10 [5, 20, 15]	3 [1, 14, 13]
Media # of CPT codes [Q1, Q3, IQR]	19 [9, 36, 27]	17 [9, 33, 24]	3 [1, 18, 17]
Median # of access action types [Q1, Q3, IQR]	23 [19, 26, 7]	34 [21, 26, 5]	23 [20, 26, 6]
Median Age [Q1, Q3, IQR]	44.8 [30.2, 61.1, 30.9]	48.9 [29.0, 64.5, 35.5]	46.1 [28.5, 62.2, 33.7]

Distribution of Admission Month (%)	Jan	0.47	7.76	6.04
	Feb	2.34	5.32	6.28
	March	1.63	3.99	7.30
	April	4.67	5.91	7.85
	May	23.1	5.17	7.30
	June	27.3	5.69	7.38
	July	13.6	5.32	7.14
	Aug	9.8	4.51	10
	Sep	3.7	8.06	10.16
	Oct	4.9	13.01	11.74
	Nov	4.4	19.59	9.19
	Dec	3.9	15.67	9.59
Distribution of Insurance Programs (%)	Commercial	29.2	29.9	28.3
	Blue Cross	16.8	16.5	16
	Medicare Part A	14.5	18.8	14.9
	Medicaid	14.5	11.1	14
	HMO	2.1	1.1	2.1
	Champus	2.1	0.96	1.4
	Medicare Part B	0.47	0.74	0.26
	Unknown	20.3	21	23

Study Design

We constructed cohorts by grouping patient encounters according to interaction patterns. This was accomplished by i) inferring the interaction patterns and then ii) applying the inferred patterns to compose the cohorts. In doing so, patient encounters in each group shared similar interaction patterns as described below.

Our study design consists of three components: i) learn patient encounter groups according to interaction patterns; ii) quantify interaction patterns according to standard social networking characteristics; and iii) assess the relationships between interaction patterns and hospital LOS.

Grouping Patients by Interaction Patterns

We use a binary matrix A to represent the commitment of healthcare employees' access actions to EMRs*. Specifically, the value of a cell $A(i,j)$ is 1 if a healthcare professional i committed an action to the EMR during patient encounter j and 0 otherwise. We leverage information in A to derive interaction patterns and patient encounter groups. It has been shown that interaction patterns inferred at a level of operational healthcare areas are more stable and interpretable than patterns learned at the level of healthcare employees [28, 35]. Thus, we transform A into a matrix A' , where each cell stores the number of actions that all healthcare employees from a specific operational area committed to the EMR during a patient encounter.

Since the EMR of a patient encounter is typically worked on by a small subset of the healthcare employees, A' is a sparse matrix. Thus, we apply a spectral co-clustering model to A'

* The matrix is binary because the number of accesses to a particular patient can be artificially inflated due to system design. For instance, if a user accesses a patient's medical record, such as a laboratory report, the system may record the access action multiple times.

to uncover groups of patient encounters according to their interaction patterns [36-38]. This methodology employs matrix decomposition techniques and formalizes co-clustering as a bipartite graph partitioning problem [14, 39]. The details of the patient encounter grouping process are in **Supplement S1**. We rely on this method because it has been shown to be robust in high-dimensional sparse matrices [39], which is indicative of our setting (i.e., only a portion of the operational areas interact with one another during a patient encounter). All algorithms were implemented in Matlab 2017a.

Quantifying the Characteristics of Interaction Patterns

To ascertain if interaction patterns are associated with hospital LOS, we represent each interaction pattern as a network of operational areas and then quantify the networks via social network characteristics. For each group of patient encounters, we infer a network of operational areas to show how affiliated healthcare employees interacted with each other in these encounters. Each node in a network corresponds to an operational area and each edge weight between two operational areas is the cosine similarity of interactions with the EMRs during patient encounters between healthcare employees from these two operational areas [40]. The details for the edge weighting process are in **Supplement S1**.

We leverage standard social networking characteristics to quantify each interaction pattern. Specifically, these characteristics correspond to average node degree, average weighted node degree, graph density, clustering coefficient and average path length [41-42]. The definitions of these characteristics are defined as follows:

- **Average node degree:** Calculated by summing the degree of each node (i.e., the number of edges connected to it) and dividing by the total number of nodes.

- **Average weighted node degree:** Calculated by summing the weighted degree of a node (i.e., the sum of weights of edges connected to it) and dividing by the total number of nodes.
- **Graph density:** The ratio of the number of edges observed to the number of possible edges.
- **Clustering coefficient:** The average clustering coefficient for all nodes. The cluster coefficient of a node is the ratio of existing edges connecting a node's neighbors to each other to the maximum possible number of such edges. A large clustering coefficient is an indication of high collaboration between employees in a network.
- **Average path length:** Calculated by summing shortest path lengths between all pairs of nodes and dividing by the total number of pairs. This indicates the number of steps, on average, it takes to move from one node in the network to another.

Subnetworks may exist within each interaction network, so we further infer communities of healthcare employees in each interaction network. This is accomplished through an algorithm that optimizes the modularity of a network [43]. We guide the algorithm using a heuristic based on the optimization of the modularity measure [43], which is efficient (in running time) and effective (in quality of communities) for weighted and undirected graphs. Modularity is defined as:

$$Q = \frac{1}{2m} \sum_{vw} \sum_r [A_{vw} - \frac{k_v k_w}{2m}] S_{vr} S_{wr}, \quad (1)$$

where m is the number edges in the network, k_v, k_w is the degree of vertex v and w respectively, $A_{vw} = 1$ means there is an edge between the two vertices and S_{vr} is defined as 1 if vertex v belongs to group r and zero otherwise. A community with high modularity has dense

connectivity between operational areas within the community, but sparse connectivity between the other communities. We use approaches implemented in the Gephi software suite to quantify standard network characteristics and infer communities [51].

Assessing the Relationship between Interaction Patterns and LOS

We apply a generalized linear regression model with negative binomial distributions of LOS [44] to test the associations between interaction patterns and LOS. The negative binomial distribution has been shown to achieve the best performance for normalizing hospital LOS, whose distribution does not follow a normal distribution [45]. We add variables for interaction patterns, age, number of encounters to date, number of access action types, month of admission, insurance programs, and health conditions into the regression to estimate the coefficients of the model, and then leverage the fitted model to derive adjusted LOS for each specific interaction pattern. We applied an analysis of variance (ANOVA [46]) with a 95% confidence interval to test the significance of differences in LOS for pairs of interaction patterns. We relied on standard packages in Matlab to compute the generalized linear regression model and ANOVA.

We further investigated if the differences in LOS were correlated with the potential confounding factors that we incorporated in the regression models. This was accomplished by testing for differences in the distributions of PheWAS codes, procedural codes, insurance programs, ages, number of healthcare encounters to date, admission month, and access action types between each pair of patient encounter groups. Specifically, for each pair of patient encounter groups, we compare the similarity in the distributions of the aforementioned factors through a Pearson correlation coefficient (PCC) [47]. This similarity score is in the range (-1,1), where a 1 indicates a positive direct correlation, 0 indicates no correlation, and a -1 indicates a negative direct correlation. If each pair of patient encounter groups exhibits a high PCC with a

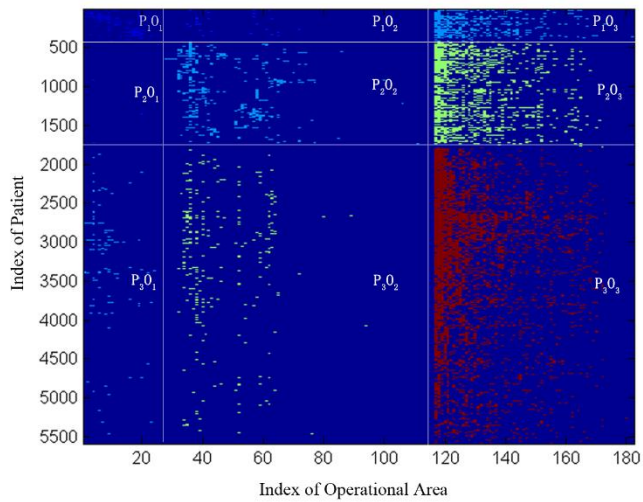
significance at the 95% confidence level for each factor, then we consider them to be sufficiently similar. If a pair of groups exhibit similar distributions in terms of these factors, then their corresponding interaction patterns likely handle a similar patient population. This would lend credibility to the claim that the different interaction patterns manage similar patients, but with different hospital LOS. Further details about this assessment are in **Supplement S2**.

RESULTS

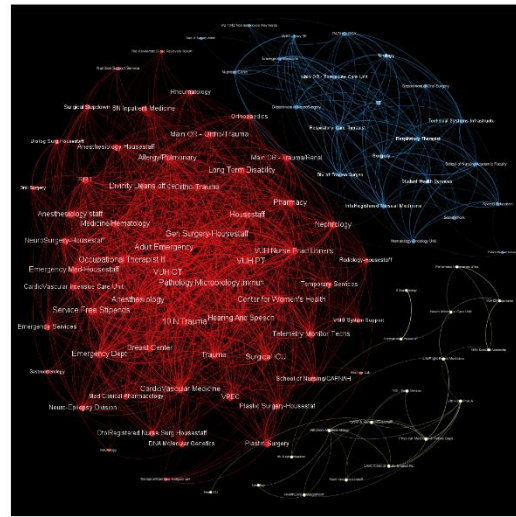
Patient Encounter Groups and Interaction Patterns

The co-clustering approach discovered three patient encounter groups, which we refer to as P_1 , P_2 , and P_3 . These groups were composed of 428, 1,353, and 3,807 inpatient encounters, respectively. Additionally, the approach discovered three operational groups, which we refer to as O_1 , O_2 , and O_3 . The relationship between the patient encounter and operational groups is depicted as a heatmap in **Figure 2(a)**. In this figure, each point indicates the number of actions that healthcare employees from a certain operational area committed to the EMR during a patient encounter. For each patient encounter group, it can be seen that all three operational groups are involved, but with different interaction patterns, as shown in **Figures 2(b), 2(c)** and **2(d)** for P_1 , P_2 , and P_3 , respectively.

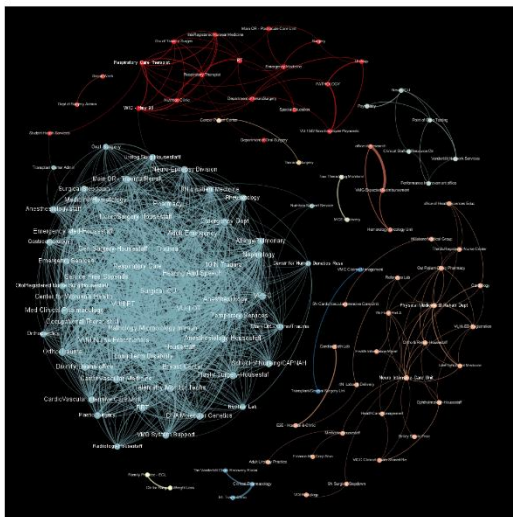
Each interaction pattern is composed of three major communities, which are informally characterized as: i) acute care team, including representative operational areas such as “*emergency*”, “*anesthesiology*”, and “*cardiovascular intensive care unit*”; ii) post-acute care team including operational area such as “*nutrition clinic*”, “*respiratory therapist*” and “*social work*” and iii) rehabilitation team including operational area such as “*rehabilitation service*”, and “*physical medicine & rehab department*”. It can be seen that acute care achieved a high density of collaboration in all three patterns, but particularly so in P_1 . However, there are notably large differences in the network structures of the other two communities across the three interaction patterns. For instance, in the second pattern, the network structures of post-acute care (red) and rehabilitation (orange) are very sparse; and in the third pattern, the post-acute care and rehabilitation communities were overlapped.



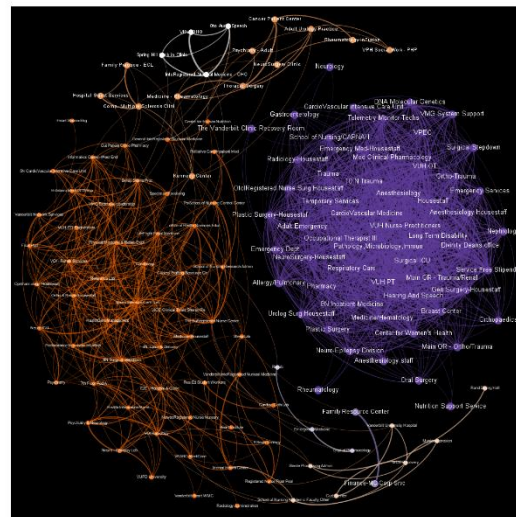
(a) A heatmap of the inferred patient groups P_1 , P_2 , and P_3 and operational area groups O_1 , O_2 , and O_3



(b) Interaction pattern for P_1 . There are 3 communities: i) acute-care (red); ii) post-acute care (blue) and iii) rehabilitation (green)



(c) Interaction pattern for P_2 . There are 3 communities: i) acute-care (blue); ii) post-acute care (red); and iii) rehabilitation (orange)



(d) Interaction pattern for P_3 . There are 2 communities: i) acute-care (purple); ii) post-acute care and rehabilitation (orange)

Figure 2. a) A heatmap of the inferred patient groups P_1 (428 patients), P_2 (1,353), and P_3 (3,807) and operational area groups O_1 (27 areas), O_2 (86 areas) and O_3 (66 areas). b-d) Three interaction patterns for P_1 through P_3 . Each pattern is composed of operational healthcare areas coming from all three groups, but with different network structures. Each interaction pattern is associated with three types of care i) acute-care; ii) post-acute care and iii) rehabilitation.

Quantified Interaction Patterns

The quantified network characteristics for the interaction patterns are reported in **Table 1**. It can be seen that the interaction pattern for patient group P_1 was affiliated with the smallest number of operational areas (102). However, at the same time, this interaction pattern realized the highest amount of collaboration between employees from these operational areas (an average degree of 27.14, an average weighted degree of 7.02, a graph density of 0.27, a cluster coefficient of 0.77, and an average path length of 1.43).

The results in **Table 1** indicate several notable findings with respect to interactions between healthcare employees. First, the interaction pattern for P_1 has the highest average degree (in comparison to interaction patterns for P_2 and P_3), which indicates that healthcare employees in this pattern establish more connections with other members than employees in the other two patterns. Second, the interaction pattern for P_1 has the highest graph density and cluster coefficient, which demonstrates that there is a larger amount of collaboration between team members than in the other patterns. Third, the interaction pattern for P_1 has the shortest average path length, which indicates that a pair of members in the interaction pattern tend to have a more direct line of communication than in the other two patterns.

Beyond the differences in network characteristics between patient groups, there also exists differences in operational areas between these groups. **Table 2** depicts the operational areas that were observed in only one interaction pattern per each pair of patterns. It can be seen that P_1 seems to associate more with nursing technologies and executive leadership, while P_2 has a greater affinity to human genetics, the nuclear lab, clinical pharmacology and transplant, and

P_3 is more related to heart and mental health-related operations. Although there are variations in operational areas between these groups, the overall differences are much smaller.

Table 2. Differences in operational areas between the networks of the three patient groups.

Patient Groups	Operational Areas in the First Group but not in the Second Group	Operational Areas in the Second Group but not in the First Group
<p>P_1 v. P_2</p>	<ul style="list-style-type: none"> • Eskind Biomed Library; • Neurology; • School of Nursing Academic Faculty; • Technical Systems Infrastructure; • Vanderbilt Medical Group Executive Leadership; • Vanderbilt Orthopaedic Institute - Rehab Services 	<ul style="list-style-type: none"> • Cardio Vascular Intensive Care Unit; • Briley Sterile Processing; • Cancer Patient Center; • Cardiac Catheterization Lab; • Center for Human Genetics Research; • Clinical Pharmacology; • Clinical Staffing Resource Center; • Center for Surgical Weight Loss; • Evolve to Excel - Hospital & Clinic; • Health Information Management; International Travel Clinic; • Medical Center East Recovery; • Point of Care Testing; • Psychiatry Reference Lab; • Respiratory Care; • The Registered Nurse Center; • Thoracic Surgery; • Clinical toxicology and therapeutic drug monitoring; • Transplant Center Admin; • Vanderbilt Medical Group Claims Management; • Vanderbilt Medical Group Expected Reimbursement; • Vanderbilt Orthopaedic Institute Radiology; • Vanderbilt Network Services; • Office of Health Sciences Education; • Office of Research;

P₁ v. P₃

- Department of Oral Surgery;
- Department of Surgery Admin;
- Division of Trauma Surgeon;
- Eskind Biomed Library;
- Hematology Oncology Unit;
- Registered Nurse Medicine;
- Main Operation Room – Post-Acute Care Unit;
- Nuclear Lab;
- Nutrition Clinic;
- Pathology; Respiratory Therapist;
- School of Nursing Academic Faculty;
- Social Work;
- Special Education;
- Student Health Services;
- Surgery;
- Technical Systems Infrastructure;
- Transplant/General Surgery Unit;
- Vanderbilt University Non-Employee Payments;
- Walk-in Clinics-Hwy 96

- Cardio Vascular Intensive Care Unit;
- Briley Sterile Processing;
- Cancer Patient Center;
- Cardiac Catheterization Lab;
- Center for Human Nutrition;
- Clinical Staffing Resource Center;
- Vanderbilt Multiple Sclerosis Center;
- Department of Pharmacology;
- Evolve to Excel - Hospital & Clinic;
- Family Resource Center;
- Health Information Management;
- Heart Institute;
- Heart Station-EKG;
- Hospital Guest Services;
- Informatics Center;
- Registered Nurse Medicine;
- Kennedy Center;
- Medical Center East Recovery;
- Medicine – Rheumatology;
- Mental Health Center;
- Myelosuppression;
- Neuro - Epilepsy Lab;
- Palliative Care/Inpatient Med;
- School of Nursing Control Center;
- Psychiatry & Neurology;
- Radiology Administration;
- Reference Lab;
- Rehab;
- Student Workers;
- Respiratory Care;
- Rheumatology Infusion;
- School of Nursing Academic Faculty Other;
- School of Nursing Research Admin;
- Sleep Lab;
- Specimen Receiving;
- Spring Hill Walk in Clinic;
- Thoracic Surgery;
- Vanderbilt Orthopaedic Institute Radiology;
- Vanderbilt Psychiatric Hospital Social Work;
- Vanderbilt University Police Department;

P₂ v. P₃

- Center for Human Genetics Research;
- Clinical Pharmacology;
- Center for Surgical Weight Loss;
- Department of Oral Surgery;
- Department of Surgery Admin;
- Division of Trauma Surgeon;
- Hematology Oncology Unit;
- International Travel Clinic;
- Main Operation Room – Post-Acute Care Unit;
- Nuclear Lab;
- Nutrition Clinic;
- Pathology;
- Anthology;
- Point of Care Testing;
- Respiratory Care Therapist;
- Respiratory Therapist;
- Social Work;
- Special Education;
- Student Health Services;
- Surgery;
- clinical toxicology and therapeutic drug monitoring;
- Transplant Center Admin;
- Transplant/General Surgery Unit;
- Vanderbilt Medical Group Claims Management;
- Vanderbilt Medical Group Expected Reimbursement;
- Vanderbilt University Non-Employee Payments;
- Walk-in Clinics-Hwy 96;
- Office of Research

- Vanderbilt Network Services;
- Office of Health Sciences Education

- Center for Human Nutrition;
- Vanderbilt Multiple Sclerosis Center;
- Department of Pharmacology;
- Family Resource Center;
- Heart Institute;
- Heart Station-EKG;
- Hospital Guest Services;
- Informatics Center; Kennedy Center;
- Medicine - Rheumatology;
- Mental Health Center;
- Myelosuppression;
- Neuro - Epilepsy Lab;
- Palliative Care/Inpatient Med;
- School of Nursing Control Center;
- Psychiatry & Neurology;
- Radiology Administration;
- Rehab; Student Workers;
- Rheumatology Infusion;
- School of Nursing Academic Faculty Other;
- School of Nursing Research Admin;
- Sleep Lab;
- Specimen Receiving;
- Spring Hill Walk in Clinic;
- Vanderbilt Medical Group Executive Leadership;
- Vanderbilt Orthopaedic Institute - Rehab Services;
- Vanderbilt Psychiatric Hospital Social Work;
- Vanderbilt University Police Department

Relationship between Interaction Patterns and LOS

The relationships between interaction patterns and LOS are depicted in **Figure 3**. It can be seen that P_1 achieves the shortest LOS, being 0.61 days shorter than P_2 and 0.43 days shorter than P_3 . The differences in LOS between P_1 and P_2 , as well as P_1 and P_3 , were found to be significant at the 95% confidence level. There were no significant differences in LOS detected between P_2 and P_3 .

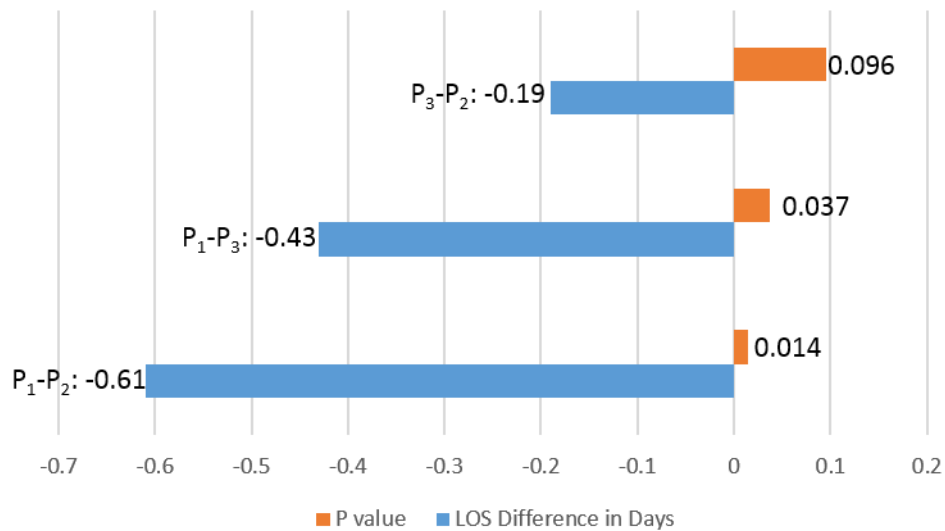


Figure 3. The difference in length of stay (LOS) for each pair of patient encounter groups. Inferred patient encounter groups are represented as P_1 ($n = 428$), P_2 ($n = 1,353$), and P_3 ($n = 3,807$).

Similarity of the Confounding Factors between Patient Groups

The differences between the patient groups in terms of PheWAS codes, CPT codes, insurance programs, ages, number of encounters to date, admission month and access action types are depicted in **Table 3**. It can be seen that each encounter group exhibits similar distributions in terms of i) PheWAS codes ($PCC > 0.97$, $p < 2.62 \times 10^{-26}$); ii) CPT codes ($PCC > 0.98$, $p < 1.67 \times 10^{-26}$); iii) insurance programs ($PCC > 0.98$, $p < 1.73 \times 10^{-5}$); iv) ages ($PCC > 0.88$, $p < 3.36 \times$

10⁻¹²), v) number of encounters to date (PCC > 0.89, $p < 2.14 \times 10^{-11}$), and vi) access action types (PCC > 0.98, $p < 7.15 \times 10^{-58}$). Admission month was found to be dissimilar between encounter groups ($p > 0.05$). As shown in **Table 1**, most of the patients in **P₁** were admitted to the hospital in May, June, and July, whereas most patients in **P₂** and **P₃** were admitted in September, October, November and December. Although the three interaction patterns dealt with different number of patients in each admission month, our results suggest that they provided care for the similar patients (e.g., PheWAS codes, CPT codes, age, number of encounters to date, access action types and insurance programs).

Table 3. A similarity analysis of the factors potentially confounding the relationship between length of stay and interaction patterns. Inferred patient encounter groups are represented by P₁ (428 patient encounters), P₂ (1,353), and P₃ (3,807). (PheWAS: phenome-wide association study, which grouped ICD-9 codes together; PCC: Pearson correlation coefficient)

Patient Groups		P ₁ v. P ₂	P ₁ v. P ₃	P ₂ v. P ₃
PheWAS Codes	PCC	0.9791	0.9866	0.9929
	P value	2.62×10^{-26}	1.31×10^{-27}	4.32×10^{-29}
CPT Codes	PCC	0.9855	0.9934	0.9929
	P value	1.67×10^{-26}	2.56×10^{-29}	3.87×10^{-29}
Insurance Programs	PCC	0.9808	0.9938	0.9810
	P value	1.73×10^{-5}	5.98×10^{-7}	1.68×10^{-5}
Age	PCC	0.8858	0.9479	0.9644
	P value	3.36×10^{-12}	1.86×10^{-17}	4.82×10^{-20}
Number of Healthcare Encounters to Date	PCC	0.8963	0.9471	0.9569
	P value	2.14×10^{-11}	2.39×10^{-15}	1.43×10^{-16}

Admission Month	PCC	-0.3089	-0.1598	0.5173
	P value	0.33	0.62	0.08
Access Action Types	PCC	0.9888	0.9921	0.9987
	P value	7.15×10^{-58}	4.63×10^{-63}	5.38×10^{-90}

Although the overall differences in PheWAS codes, CPT codes, and access action types between patient groups were not significantly different, there were still small differences in several specific codes or action types worth noting. To provide intuition into these codes and action types, **Table 4** depicts the top 10 PheWAS codes, CPT codes and access action types that exhibited the greatest difference between patient groups. It can be seen that P_2 has: i) 5.6% and 1.1% more patients associated with “350.2: abnormality of gait” than P_1 and P_3 , respectively; ii) >8.7% and >2.4% more patients associated with “82435: blood chloride”, “82310: calcium”, “84520: urea nitrogen”, “82565: creatinine” than P_1 and P_3 , respectively; and iii) >0.19% and >0.19% more patients associated with “Immunizations”, “Emergence”, “Discharge Letter”, “Clinic Note”, “Echo” and “Colonoscopy Operative Report” than P_1 and P_3 , respectively.

Table 4. The largest difference in terms of PheWAS codes, clinical procedure terminology codes, and access action types between the three patient groups.

Patient Groups		[% Patients in P_1 and P_2] (Difference)	[% Patients in P_1 and P_3] (Difference)	[% Patients in P_2 and P_3] (Difference)
PheWAS Code (%)	1009: Injury, Not otherwise specified	[46.7,37.7] (9)	[46.7, 42.3] (4.3)	[37.7, 42.3] (-4.6)
	509: Respiratory failure; insufficiency; arrest	[22.7, 13.8] (8.9)	[22.7, 20] (2.7)	[13.8, 20] (-6.2)
	1008: Internal injury to organs	[43.4, 35] (7.6)	[43.5, 39] (4.5)	[35, 39] (-4)

	338: Pain, not elsewhere classified	[25, 17] (8)	[25, 22] (3)	[17, 22] (-5)
	807: Fracture of ribs	[40.1, 32.5] (7.6)	[40.1, 33.5] (6.6)	[32.5, 33.5] (-1)
	871: Open wounds of extremities	[13, 7] (6)	[13, 9] (4)	[7, 9] (-2)
	508: Pulmonary collapse; interstitial/compensatory emphysema	[41, 35] (6)	[41, 38] (3)	[35, 38] (-3)
	250.42: Other abnormal glucose	[19.6, 13.9] (5.7)	[19.6, 16.7] (2.9)	[13.9, 16.7] (-2.8)
	350.2: Abnormality of gait	[4.1, 9.7] (-5.6)	[4.1, 9.6] (-5.5)	[9.7, 9.6] (1.1)
	507: Pleurisy; pleural effusion	[24.2, 18.7] (5.5)	[24.2, 21.2] (3)	[18.7, 21.2] (-2.5)
	82435: Pathology and Laboratory, Assay of blood chloride	[2.5, 15.3] (-12.8)	[2.5, 9.3] (-6.8)	[15.3, 9.3] (6)
	99232: Other Medical Services, Subsequent hospital care	[56.1, 43.4] (12.7)	[56.1, 48.7] (7.4)	[43.4, 48.7] (-5.3)
	82374: Pathology and Laboratory, Assay, blood carbon dioxide	[2.5, 14.5] (-12)	[2.5, 8.9] (-6.4)	[14.5, 8.9] (-5.6)
	82310: Pathology and Laboratory, Assay of calcium	[3.5, 14.5] (-11)	[3.5, 9.4] (-5.9)	[14.5, 9.4] (5.1)
	90732: Other Medical Services, Pneumococcal vaccine	[7.8, 17.6] (-9.8)	[7.8, 17.3] (-9.5)	[17.6, 17.3] (0.3)
	84520: Pathology and Laboratory, Assay of urea nitrogen	[14.3, 24.2] (-9.9)	[14.3, 21.5] (-7.2)	[24.2, 21.5] (2.7)
CPTs	94003: Other Medical Services, Vent management inpatient,	[26.1, 16.5] (9.6)	[26.1, 22] (4.1)	[16.5, 22] (-5.5)

	subsequent day			
	71010: Radiology, Chest x-ray	[57.6, 48.4] (9.2)	[57.6, 54.2] (3.4)	[48.4, 54.2] (-5.8)
	99253: Other Medical Services, Inpatient Consultation	[27.3, 18.1] (9.2)	[27.3, 24.3] (3)	[18.1, 24.3] (-6.2)
	82565: Pathology and Laboratory, Assay of creatinine	[15.5, 24.2] (-8.7)	[15.5, 22] (-6.5)	[24.4, 22] (2.4)
Access Action Types	Discharge Note	[3.4, 1.6] (1.8)	[3.4, 0.38] (3.05)	[1.6, 0.38] (1.22)
	Immunizations	[1.21, 2.18] (-0.97)	[1.21, 0.14] (1.07)	[2.18, 0.14] (2.04)
	Emergency	[0.24, 0.72] (-0.48)	[0.24, 0.02] (0.22)	[0.72, 0.02] (0.70)
	Discharge Letter	[1.32, 1.77] (-0.45)	[1.32, 0.15] (1.17)	[1.77, 0.15] (1.62)
	Clinic Note	[3.12, 3.38] (-0.26)	[3.12, 0.35] (2.77)	[3.38, 0.35] (3.03)
	Operative Note	[3.35, 3.09] (0.26)	[3.35, 0.38] (2.97)	[3.09, 0.38] (2.71)
	Echo	[0.46, 0.71] (-0.25)	[0.46, 0.05] (0.41)	[0.71, 0.05] (0.66)
	Admission Note	[1.01, 0.77] (0.24)	[1.01, 0.11] (0.90)	[0.77, 0.11] (0.66)
	Respiratory Care	[4.03, 3.83] (1.2)	[4.03, 0.45] (3.58)	[3.83, 0.45] (3.38)
	Colonoscopy operative report	[0, 0.19] (-0.19)	[0, 0] (0)	[0.19, 0] (0.19)

DISCUSSION

To the best of our knowledge, this is the first study to use EMR data to study the relationship between interaction patterns and inpatient hospital LOS among resource-intensive trauma patients. In doing so, it fills a gap in knowledge about the relationship between interaction networks of healthcare employees and patient outcomes in trauma setting. This study specifically found that LOS for trauma inpatients with similar distributions in age, illness, procedural burden, number of encounters to date, number of access action types and insurance type, were associated with three managed interaction patterns. The finding provides evidence that in trauma care, a highly collaborative pattern of interactions (e.g., large weighted degree, graph density, cluster coefficient and short path length) is associated with a shorter LOS, which can potentially assist HCOs to refine management strategies to improve interaction efficiency between healthcare employees to reduce LOS.

We believe that this investigation has notable implications with respect to the efficiency of resource allocation and EMR system utilization for a major hospital with a trauma center. For instance, it was found that more patients were admitted in May, June, and July (e.g., patients in group 1), which may suggest that HCOs might consider allocating a greater quantity of clinical staff that are involved in these months to potentially reduce LOS (e.g., via a reduction in waiting times). From the perspective of EMR system utilization efficiency, we found patient group 1 (affiliated with the shortest LOS) had more operative notes and respiratory care notes than the other patient groups, which suggests HCOs could consider encouraging their employees to utilize EMR systems to add more informative evidence (e.g., operative notes) in the EMR systems to improve their communication quality. This, in turn, could lead to greater efficiencies

and potentially reduce the time spent on the processes of interpreting information required for care.

While this investigation indicates that data-driven methods can provide insight into the degree to which interaction patterns are associated with LOS, there are several limitations that should be recognized, which can serve as guidance for future investigations.

First, the findings suggest that a greater quantity of collaboration between healthcare employees (through an EMR system) is associated with better outcomes; however, the reason why is unclear. In particular, our investigation focused on the statistical association and not the semantic aspects of why collaboration occurs. For instance, it is not evident why the three interaction patterns exhibit different network structures if they provide care for similar patient populations (e.g., similar distributions in terms of PheWAS code, CPT code, insurance type, number of encounters to date, number of access action types, and age). Although we observed differences in admission months between patient groups, the association between the interaction patterns and admission seasons is unclear. As such, it is worthwhile to investigate additional factors (e.g., admission season, specific traumatic injury, and historical medication utilization) that may be influencing these three dominant patterns of collaboration.

Second, this study investigated the interaction patterns of healthcare employees via indirect interactions (as documented by EMR systems), but neglected direct communications in the physical world. Although the 67 different types of access actions include almost every aspect of interactions (e.g., historical and physical documents, problem list, respiratory care, clinical communication, operative report, and progress report) in the EMR system, there may be discordance between the interactions that manifest in face-to-face situations and those happened

in the EMR system. The criteria of meaningful use for EMR systems has been in existence for a number of years (and is now its third stage), there are still interactions in the physical clinical world that are not documented in EMR systems [50]. This missing information may influence the interaction patterns and patient encounter groups we inferred from the EMR data.

Third, further investigation is needed to uncover the causal factors behind the differences in interaction patterns. There are, in fact, many potential factors that influence interactions, such as, the season a patient was admitted, the specific injury sustained, the socio-economic status of the patient, and the number of available of beds in the next receiving facility. At the same time, the temporal relationship between healthcare employees may also play a role in patient outcomes [22, 29], and thus is ripe for further investigation.

Fourth, beyond LOS, additional care quality measurements (e.g., survival rate and days in the intensive care unit and mortality) may need to be included to assess their relationship with interaction patterns.

Fifth, this is a data-driven study, which is different from traditional hypothesis-driven that restricted to strict trauma population definition (e.g., intervention based study and clinical trials), and thus it requires further investigation to interpret evidences we learned from the data and translate them into clinical practice.

Sixth, this investigation was based on data from a single academic medical center. Replication of this study using data from other healthcare organizations is necessary to confirm these findings.

CONCLUSIONS

This study leveraged data-driven methodologies to infer interaction patterns from EMR utilization and illustrate their association with LOS for trauma patients. This study specifically showed that interaction patterns with a high level of collaboration are associated with a shorter hospital LOS for trauma patients. This finding is notable because it provides evidences for HCOs to do further investigations to determine causal factors leading to the differences in interaction patterns and subsequently differences in LOS.

ONLINE SUPPLEMENTS

S1: Spectral Co-Clustering Algorithm to Infer Groups of Patient Encounters and Operational Areas

S2: Measuring the Distributions of Potentially Confounding

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Competing Interests Statement

The authors have no competing interests to declare.

Contributors

YC performed the data collection and analysis, methods design, hypotheses design, experiments design, evaluation and interpretation of the experiments, and writing of the manuscript. CM and MP performed the hypotheses design, interpretation of experiments and writing of the manuscript. BM performed hypotheses design, evaluation and interpretation of the experiments, and writing of the manuscript.

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